

BOP HEALTH COVID-19 RESPONSE ▶

10 April 2020
Issue No. 2

Tēnā koutou katoa i roto i ngā āhuatanga o te wā

We want to say a special thank you to healthcare workers, Civil Defence teams, Police, iwi, non-government organisations (NGOs), and all other essential workers across the Bay of Plenty (BOP) and Lakes DHB rohe, who are playing a vitally important role for our communities during this lockdown. We value and recognise everyone's efforts.

We are proud of the level of planning that has been undertaken across not only the health sector to prepare for and tackle COVID-19, but also by so many others across New Zealand to manage this emergency. The daily examples we are witnessing of close collaboration between organisations and individuals are outstanding; the teamwork and single sense of purpose are truly inspirational, in what are understandably anxious times.

Also deserving of recognition are the demonstrations of empathy, aroha and compassion-based leadership we are seeing within our workplaces. Keeping the humanity in all that we do, especially our interactions with one another as work colleagues, is something we should never lose sight

of. Let's continue to support and manaaki one another.

From a broader health system perspective, we've seen significant model of care changes (e.g. new and quick use of online platforms) and these will have ongoing legacy value for all. These developments have demonstrated, importantly, that we as a healthcare sector can be adaptive and agile in the face of need.

A special thanks and acknowledgement is required for those organisations that have mobilised to support our most vulnerable communities. Across the wider BOP and Lakes rohe a number of iwi and NGOs have rallied and created the coordination necessary to keep our Māori communities informed and safe. In times like this, it is vital that our responsibilities and opportunities under Te Tiriti o Waitangi are prioritised. It is also important that we always remember the most at-risk members of our communities, particularly the elderly and those requiring on-going healthcare support, to ensure their specific care and welfare needs are being prioritised.

In closing, we would like to say that both the BOP and Lakes Boards

sincerely appreciate the way people across our DHB areas have taken on board the Prime Minister's directives for staying at home, staying in their bubble and maintaining physical distancing while paying close attention to all lockdown health guidelines. In order to beat this virus all New Zealanders need to work together, be compassionate and be kind. Stay safe and know that whilst times are tough, our professionalism, dedication and kotahitanga will see us all through.

Kia tūpato, kia haumaruru te noho, ā, me tiaki tētahi i tētahi!

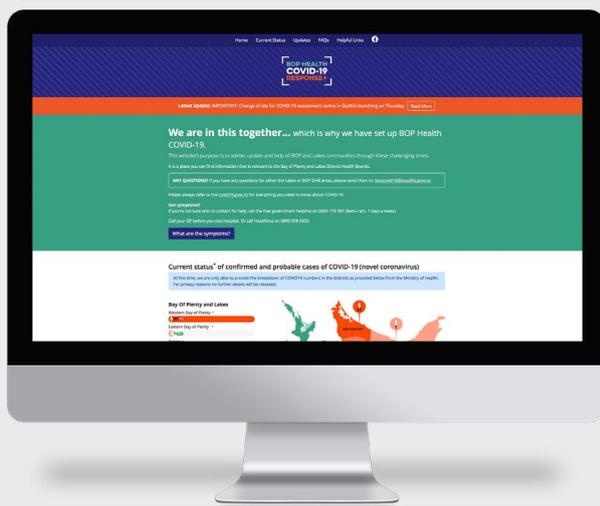
Take care, stay safe,
and look after each other!



Dr Jim Mather
Chair of Lakes
District Health
Board



Sharon Shea
Acting Chair of
BOP District
Health Board



BOP HEALTH has created a new website to help address any COVID-19 questions.

The website has the latest health updates relating to COVID-19, plus answers to frequently asked questions. You can find it at: covid19.bopdhb.govt.nz.

Enquiries to the BOP HEALTH COVID-19 response team can be emailed to: bopcovid19@bopdhb.govt.nz

Te Arawa comes together for COVID-19 response

A new Te Arawa Hub has been formed to co-ordinate and combine resources and provide support to its whānau across Rotorua and the wider rohe.

The Hub includes more than 20 different hapū, trusts, health providers and more, including Te Arawa Lakes Trust, Te Arawa Whānau Ora, Lakes DHB, Rotorua Lakes Council, Te Puni Kōkiri and others.

The team is co-ordinating a wide range of activities, including the development and distribution of hygiene packs, support to apply for funding, securing kai parcels and the distribution of accurate information that has been

tailored for Te Arawa whānau.

The hub also links to valuable research being conducted by the iwi, including a comprehensive mapping project that shows where people of different ages and needs are living throughout the community.

Te Arawa Kaumatua Tā Toby Curtis says it is the first time the iwi has come together in such a coordinated and comprehensive way in order to support whānau through the challenges of COVID-19.

“In times of trouble, people have many questions and they turn to those they

trust for answers, help and support. Anō ko te marama kua ngaro, kua ara anō. This is about helping our people rise through adversity,” says Tā Toby.

“We have people who are worried, we have people who are struggling, and we say to them: we are here to help - lean on us, hōea te waka ki uta ra.”

The Hub is collating information on a new website tearawacovid19.nz with all the latest information being distributed via the **TeArawa-COVID19** Facebook page. People can connect with the team via the Facebook page, or by emailing covid19@tearawa.iwi.nz

Key contacts for public enquiries and assistance

Healthline 0800 358 5453

For local health agency information visit covid19.bopdhb.govt.nz or email bopcovid19@bopdhb.govt.nz

- Government helpline **0800 779 997**
- Bay of Plenty Civil Defence & Emergency Management Group Call Centre **0800 884 222** (7am to 7pm, 7 days)
- For counselling support call or text **1737**
- Essential business enquiries essential@mbie.govt.nz or **0800 22 66 57**
- Reporting breaches of self-isolation nhccselfisolation@health.govt.nz
- Reporting breaches of any Level 4 Alert restrictions www.police.govt.nz/105support
- For financial or employer wage subsidy assistance, contact WINZ on **0800 40 80 40**

Turangi – leading the way in planning services for COVID-19

Turangi health services have grabbed the bull by the horns with systems to protect vulnerable community members set in place before lockdown.

Turangi Pharmacy has teamed up with Southern Lake Health Shuttle (formerly Turangi Transport Group) to deliver prescriptions to its vulnerable

patients, while Pihanga Health set up a swabbing clinic and changed its practice around.

The pharmacy is now delivering up to 15 prescriptions a day to patients who are identified as vulnerable due to age or medical condition.



Pihanga Health staff

Where can I get assessed or tested for Covid19?

There are currently four permanently located COVID-19 community based assessment centres (CBACs) across the Bay of Plenty; in Tauranga, Whakatāne, Ōpōtiki and Kawerau.

A CBAC is only for patients with possible COVID-19 symptoms (e.g. runny nose, sore throat, cough, shortness of breath, fever).

The locations and opening hours (opening times subject to change depending on demand) of these CBACs are:

BAYPARK STADIUM

81 Truman Lane
Mount Maunganui, Tauranga
Open seven days-a-week 9am-6pm

ŌPŌTIKI SENIOR CITIZENS HALL

1 King Street (corner of King and Nelson Streets), Ōpōtiki
Open Mondays, Thursdays and Saturdays from 10am-2pm

WHAKATĀNE WAR MEMORIAL HALL

Rex Morpeth Park,
7 Short Street, Whakatāne
Open seven days-a-week 9am-4pm

RON HARDIE RECREATION CENTRE CAR PARK

111 Onslow Street, Kawerau
Open Tuesdays, Thursdays and Saturdays 10am-2pm

ROTORUA/TAUPŌ

If you have symptoms and think you need to be tested, please phone the Lakes Covid Assessment line 0800 267 847 to book a test. Wait for advice for where and when to go for your assessment and follow all instructions.

Process for using a CBAC:

- Drive to CBAC, queue up in your vehicle
- Wait to be seen
- You will be assessed by the clinic staff
- You may not need to be swabbed

Kaupapa Māori CBACs

Te Apārangi Tūpore (Kaupapa Māori Community Based Assessment Centres) are being set up to help our whānau manage through these uncertain times. Our first Pahi Tahī (mobile clinic) was held last Friday at Tuāpiro marae. Approximately seven whānau (25 swabs and 50 assessments) from their small community brought their waka down to drive through and get assessed for COVID-19 as well as other minor health issues. We will keep you updated on when and where our Te Apārangi Tūpore mobile clinics will be over the next coming weeks.

This is a Māori for Māori led and equity focused initiative. Dr Anna

Rolleston, Poutiri and Chris Tooley, Te Puna Ora o Mataatua have worked in partnership with Māori providers and iwi to deliver COVID-19 testing and more importantly to provide access to Kaupapa Māori pathways for health and welfare support.

Check out the new Te Rōpū Whakakaupapa Urutā website: www.uruta.maori.nz/.

The website contains information and resources developed specifically for Māori about the COVID-19 pandemic. There are some fantastic advice and resources, particularly around tikanga.

Facebook: www.facebook.com/TRWU20

Flu vaccinations

Flu vaccinations have started for people at greater risk of serious illness and healthcare and other frontline workers. Vaccination for the wider public will be available later in April. For more information, talk to your doctor, nurse or pharmacist, or call 0800 466 863. www.fightflu.co.nz



to all our essential workers who have kept us healthy, safe and well

Street parties are not bubble friendly

Street or driveway parties are not recommended as there's always a risk of things going wrong.

The best advice is to stay in your bubble but do enjoy some time outside when you can.

REMEMBER:

You cannot leave your property for any reason other than exercising locally or to access essential services. And you must at all times ensure a physical distance of 2 metres from everyone except those you live with.

This Easter #StayHome #SaveLives



Stick to simple local outdoor activities

Don't move your bubble to a second location

For more information visit
www.covid19.govt.nz



Easter bunnies

You need to stay in your household, stay home and stay local. You can still celebrate Easter with your loved ones, church, or community using video chat, email, texting or phoning.

You cannot go to your holiday home. The risk of spreading COVID-19 is too high. Police will be on the roads over the weekend to ensure people aren't travelling unnecessarily.

Supermarkets will be closed as usual today (Good Friday) but most will be open on Easter Sunday (12 April). There is no need to panic buy. The closure on Good Friday will give staff an opportunity to have a well-deserved rest and give supermarkets the chance to restock their shelves. All supermarket staff will be able to say no to working on Easter Sunday.



ISOLATION NOT ISOLATED



Getting through together

A new mental health campaign has been launched to help Kiwis care for their mental health during the COVID-19 crisis.

'Getting through together' – link to website here: www.allright.org.nz/campaigns/getting-through-together

DISTANCE NOT DISTANT

